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Adalimumab and severe uveitis in juvenile idiopathic arthritis (JIA) therapy

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Background

Chronic anterior uveitis in JIA can be severe and common immunosuppressive therapies may not be sufficient to control uveitis. Concerning biological drugs, Enbrel is usually ineffective, Infliximab is partially effective and is frequently associated with side effects requiring drug suspension, while Adalimumab, a TNF competitor, can be successful.

Methods

We report on a girl aged 17 years, affected since one year by a severe form of poliarticular JIA. She received immunosuppressive therapy (Methotrexate, Azathioprine, etc.), associated with oral steroids, with no articular benefit.

Results

When Enbrel plus Methotrexate was started she got into remission. After one year of this therapy, she presented uveitis in both eyes, so oral steroids were started again. She obtained only partial ocular improvement, even when she received Infliximab associated with Methotrexate. Meantime she underwent cataract surgery with visus reduction. After one year, Infliximab was suspended because of an adverse reaction (dyspnea and rash) and Adalimumab (0.7 mg/kg subcutaneous/14 days) associated with Methotrexate was started, with no side effects. Fourteen months later there are no flare for uveitis and/or arthritis. Following SUN criteria [1] we demonstrated ocu-

lar clinical improvement, not withstanding the presence of signs of cataract and glaucoma.

Conclusion

During the last ten years, biological drugs have been really useful to improve JIA outcome. In 2006 Biester S et al [2] showed Adalimumab efficacy in controlling arthritis and uveitis, with acceptable side effects, but further research is needed.

References

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